

Learn to

SAVE A LIFE



Saturday, October 4, 2025 | 10 AM to 1 PM
Ridge Volunteer Rescue Squad

JOIN US TO LEARN:

- Hands-Only CPR
 - Starts at 10:15 AM and will run every 30 minutes
- Fire Prevention
- St. Mary's Health Department
 - Overdose Response & Naloxone Distribution
 - Other Harm Reduction Services
 - Safe Medication Disposal
 - Recovery & Mental Health
- MedStar St. Mary's
 - Health Connections
- Fire & EMS Volunteer Opportunities

OTHER FUN STUFF:

- Sparky the Fire Dog
- Kids Activities
- Free Goodies
- Touch a Truck
 - Ambulance
 - Fire Truck
- Food (\$)



Community Outreach: All Ages Welcome

HELP US WITH A HEAD COUNT
SCAN THE QR CODE TO REGISTER

